

Septiembre 2006

OCT 11 2006 02-P

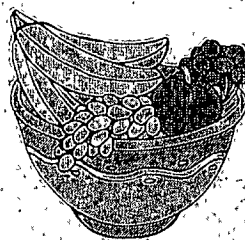
Estimados Amigos del Departamento de Agricultura de los Estados Unidos,

Soy participante de WIC en Soledad, California, con el Departamento de Salud del Condado de Monterey. Muchas gracias por agregar los vegetales y frutas frescas a nuestros cheques de WIC. Pienso que es una buena idea ¿Por que?

porque pienso que es mas ~~nutritivo~~ nutritivo para un
bebé y haci el bebé tiene mas nutricion
con las verduras y frutas.

Atentamente,

Belen R. Gonzalez
Participante de WIC



~~P 2320~~
P 3043

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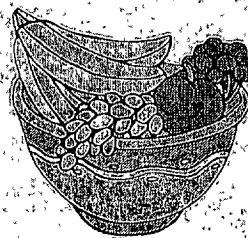
Estimados Amigos del Departamento de Agricultura de los Estados Unidos,

Soy participante de WIC en Soledad, California, con el Departamento de Salud del Condado de Monterey. Muchas gracias por agregar los vegetales y frutas frescas a nuestros cheques de WIC. Pienso que es una buena idea ¿Por que?

Las Frutas & Verduras les ayudan mucho en
el crecimiento de los niños y hacen mas fuertes.

Atentamente,

Participante de WIC



P2321
P 3044

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Estimados Amigos del Departamento de Agricultura de los Estados Unidos,

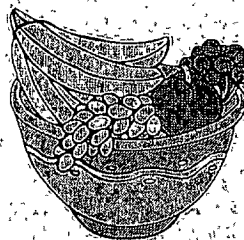
Soy participante de WIC en Soledad, California, con el Departamento de Salud del Condado de Monterey. Muchas gracias por agregar los vegetales y frutas frescas a nuestros cheques de WIC. Pienso que es una buena idea ¿Por que?

S:

Porque seria mas Saludable

Atentamente,

Christina Badajoz
Participante de WIC



~~P 2324~~
P 3045

Septiembre 2006

OCT 11 2006

02-P

Estimados Amigos del Departamento de Agricultura de los Estados Unidos,

Soy participante de WIC en Soledad, California, con el Departamento de Salud del Condado de Monterey. Muchas gracias por agregar los vegetales y frutas frescas a nuestros cheques de WIC. Pienso que es una buena idea ¿Por que?

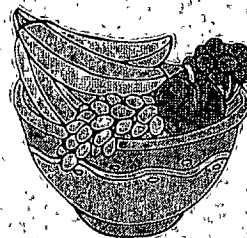
Es mas saludable para las niñas

Comer mas frutas y Vegetales

Atentamente,

Erica Marquez

Participante de WIC



~~P 2325~~

P 3046

Septiembre 2006

OCT 11 2006

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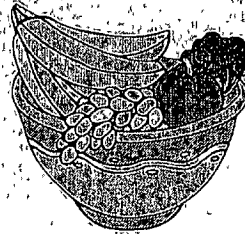
Estimados Amigos del Departamento de Agricultura de los Estados Unidos,

Soy participante de WIC en Soledad, California, con el Departamento de Salud del Condado de Monterey. Muchas gracias por agregar los vegetales y frutas frescas a nuestros cheques de WIC. Pienso que es una buena idea ¿Por que?.

Porque las frutas y
verduras son mas saludables.
y mas frescas -
mas grandes

Atentamente,

Participante de WIC



~~P 2326~~
P 3047

Septiembre 2006

OCT 11 2006

02-P

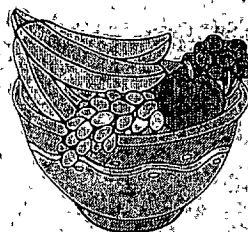
Estimados Amigos del Departamento de Agricultura de los Estados Unidos,

Soy participante de WIC en Soledad, California, con el Departamento de Salud del Condado de Monterey. Muchas gracias por agregar los vegetales y frutas frescas a nuestros cheques de WIC. Pienso que es una buena idea ¿Por que?.

Es mas saludable y lo hacen a
uno no estar tan obeso y frescas.

Atentamente,

Victor Ramirez
Participante de WIC



~~P 2327~~
P 3048

Septiembre 2006

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OCT 11 2006

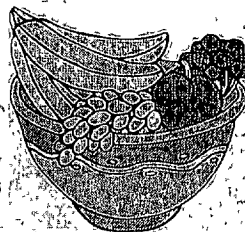
Estimados Amigos del Departamento de Agricultura de los Estados Unidos,

Soy participante de WIC en *Oriskany* California, con el Departamento de Salud del Condado de Monterey. Muchas gracias por agregar los vegetales y frutas frescas a nuestros cheques de WIC. Pienso que es una buena idea ¿Por que?

*Los niños necesitan mas frutas y vegetales
y jugo no lo ocupan tanto.*

Atentamente,


Participante de WIC



P 2329
P 3049

September 2006

OCT 11 2006

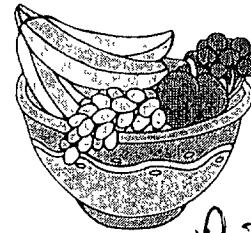
02-P

Dear Friends at US Department of Agriculture,

I am a WIC participant in Soledad, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because It will be healthier
for our kids.

Sincerely,

Maribel Arriaga
WIC Participant



~~P2328~~
P 3050

September 2006

OCT 11 2006

02-P

Dear Friends at US Department of Agriculture,

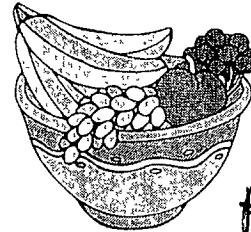
I am a WIC participant in Gonzales, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because fosters healthy

habits for life

Sincerely,

J. Marcera

WIC Participant



~~P2322~~
P 3051

September 2006

OCT 11 2006 02-P

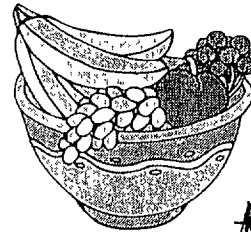
Dear Friends at US Department of Agriculture,

I am a WIC participant in Soledad, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because there could be
a variety of things to choose from.
Something healthy too.

Sincerely,

Esmeralda Madueño

WIC Participant



R2323 →

~~R2323~~

P 3052

September 2006

OCT 11 2006

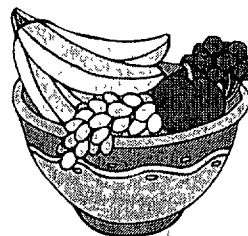
Dear Friends at US Department of Agriculture,

02-P

I am a WIC participant in ~~Sanzalis~~ *Solidad*, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because *our kids could eat*
more nutritious foods, not only milk,
juice. I think this is a good idea.

Sincerely,

Maria Perez
WIC Participant



~~P2314~~
P 3053

September 2006

02-P
OCT 11 2006

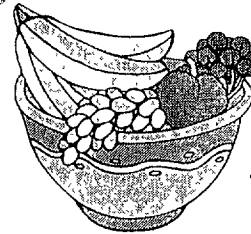
Dear Friends at US Department of Agriculture,

I am a WIC participant in _____, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because Vegetables are
are a healthier choice for
children and it will help
mothers with eating
vegetable choices & fruits.

Sincerely,

Chilinda Del...

WIC Participant



✓ P2305
P 3054

September 2006

OCT 11 2006

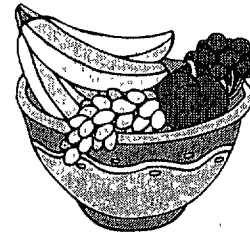
02-P

Dear Friends at US Department of Agriculture,

I am a WIC participant in St. Sordal, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because fruits and vegetables
are the most important foods in a healthy
diet.

Sincerely,

S. B. W.
WIC Participant



~~P2306~~
P 3055

September 2006

OCT 11 2006

D2-P

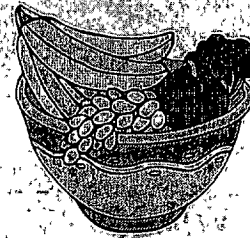
Dear Friends at US Department of Agriculture,

I am a WIC participant in Soledad, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because it is alot healthier.

For the weight Towards weight,
For the mind, for the body.

Sincerely,

Laura M. Douglas
WIC Participant



P 2307
P 3056

September 2006

02-P

OCT 11 2006

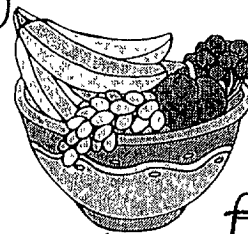
Dear Friends at US Department of Agriculture,

I am a WIC participant in SOLEDAD, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because It will allow women and
children to receive an adequate serving of
foods from the pyramid. In addition,
it will introduce fruits & vegetables to
children @ a younger age.

Sincerely,

A Chavez

WIC Participant



~~P 2308~~
P 3057

September 2006

02-P

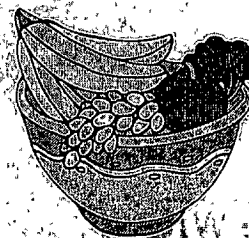
OCT 11 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because I need the juice
more than fruit

Sincerely,

Jasmina Rendon
WIC Participant



P2275
P13058

02-P
OCT 11 2006

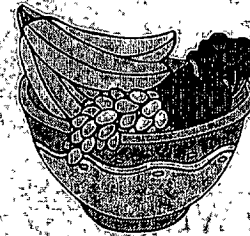
September 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because It can be healthier
for the family, but I don't
agree to not give whole milk. Only
2% or 1% I think there should
always be whole milk

Sincerely,

Veronica Carranza
WIC Participant



~~P2276~~
P.3059

October 2006

02-P

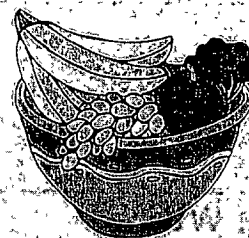
OCT 11 2006

Dear Friends at US Department of Agriculture,

I am a WIC participant in Salinas, California,
with the Monterey County Health Department. Thank you
for adding fruits and vegetables to the WIC checks. I think
this is a good idea because Por que es muy Saluda
bles para toda la familia y para
la Salud

Sincerely,

Adele Gonzalez
WIC Participant



~~P2272~~
P 3060

P-3061

~~06-11~~

06-11 - P

10/11/06

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is getting fruits and
Vegetables.

What I like least about the proposed
changes is having less milk.

Thank you for reading my comments.

Sincerely,

Adriana G. De Leon

10/11/06

WIC Participant

Date

Date _____

10/11/2008

P-3063

06-P

06-11-1999

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is fruits and veggies

What I like least about the proposed
changes is less milk and eggs

Thank you for reading my comments.

Sincerely,

Wendy J. Brown
WIC Participant

11-03-00
Date

P-3064

00112 2006

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is veggies / fruits

What I like least about the proposed
changes is nothing

Thank you for reading my comments.

Sincerely,

WIC Participant

10-11-06
Date

P-3065

001 10 11

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is Well I don't because the
items are being reduce in size lesser
items.

What I like least about the proposed
changes is The items are being
reduced to lesser value.

Thank you for reading my comments.

Sincerely,

Michelle Gubins 10/11/06.
WIC Participant Date

P-3066

10/10/02

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is The Vegetables

What I like least about the proposed
changes is that there's going to
be less milk

Thank you for reading my comments.

Sincerely,

Elisa Morales

WIC Participant

10/10/02

Date

P-3067

OCT 16 2006

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is soy milk

What I like least about the proposed
changes is I like it

Thank you for reading my comments.

Sincerely,

S.D.
WIC Participant

10-10-06
Date